

HEALTH KITS • LIBERIA – HELEN ROBERTS

Knoxville District • Goal 400
Oak Ridge District • Goal 300

1 bath towel 2 tubes of toothpaste (6 oz. or less) 1 wash cloth 2 toothbrushes
1 bottle of roll-on deodorant 1 bottle of shampoo (12 oz. or less) 1 tube of antibacterial ointment 1 bottle of lotion (11 oz or less)
1 bottle of perfumed spray or cologne 1 bottle of aspirin or Tylenol (24 count)

NOTE: Pack all items in 2 gallon Zip-Loc bag or secure plastic bag.

A \$5.00 donation for packing and shipping is to accompany each kit. **Do not put money in bag!**

Local church should write one (1) check for total kits to their district office (*example:* 10 kits X \$5.00 = \$50.00)
Kits will be picked up at designated district location on June 10, 2011. This is not an UMCOR kit.

SCHOOL SUPPLY KITS • LIBERIA – HELEN ROBERTS

Chattanooga District • Goal 400

3 spiral notebooks (70 count) 1 small Bible (new or used) 1 - 10 pack of pens (blue or black) 1 medium or large poncho
1 - 10 pack of pencils 1 compass 1 small calculator 1 protractor
1 small dictionary (new or used) 1 pair of flip flops (size M-L) 1 - 12" ruler

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SCHOOL SUPPLY KITS • LIBERIA – HELEN ROBERTS

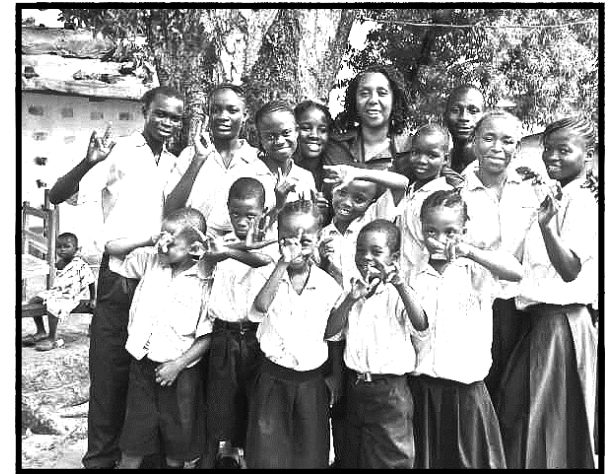
Maryville District • Goal 300

3 spiral notebooks (70 count) 1 pack wide ruled notebook paper 1 - 10 pack of pens (blue or black) 1 pack of erasers
1 - 10 pack of pencils 1 small dictionary (new or used) 1 coloring book 3 boxes of chalk
1 - 12" ruler 1 small back pack 1 box of crayons or magic markers (24 count)

NOTE: Pack all items in back pack.

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**2011 Holston
Annual Conference**

**Hands-On
Mission Project
Liberia and
Zimbabwe**



I would like to thank all of you who have supported our Hands-On Mission Project over the last several years. Your generosity has made a difference in thousands of lives.

If you have any questions regarding the Hands-On project, please contact:

Anne Travis, Director of Connectional Ministries
PO Box 850 • Alcoa, TN 37701-0850
865/690-4080 or Toll Free 866/690-4080



FOOD BUCKETS • LIBERIA – HELEN ROBERTS

Big Stone Gap District • Goal 200
Abingdon District • Goal 300

- | | | |
|--|--|------------------------|
| 1 box powdered milk (9 oz. or less) | 1 – 2 lb. bag of dried beans | 1 – 5 lb. bag of sugar |
| 1 box oatmeal (small – 18 oz.) | 1 bottle of cooking oil (48 oz. or less) | 1 – 2 lb. bag of rice |
| 2 cans total of canned meat: either ham, spam, or tuna | | |

NOTE: Pack all items in a 5 gallon bucket with lid.

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HEALTH KITS • ZIMBABWE – MARIA HUMBANE

Kingsport District • Goal 300

- | | | | |
|--|-----------------------------|--|-------------|
| 1 bottle of shampoo (12 oz. or less) | 2 bars of soap | 1 bottle of roll-on deodorant | 1 washcloth |
| 2 tubes of toothpaste (6 oz.) | 1 small bottle of Listerine | 1 bottle of Equate Tablets for Diarrhea | 1 towel |
| 1 bottle of children's cough syrup (small) | 2 toothbrushes | 1 bottle of multivitamins (adult or child) | |

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SCHOOL KITS • ZIMBABWE – MARIA HUMBANE

Johnson City District • Goal 300
Wytheville District • Goal 300

- | | | |
|----------------------------------|-----------------------------------|--|
| 1-12" ruler | 1-10 pack of pens (blue or black) | 1 box of crayons or magic markers (24 count) |
| 1 pack of erasers | 1-10 pack of pencils | 1 pack of notebook paper (any number) |
| 1 small dictionary (new or used) | 3 spiral notebooks (70 count) | |

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FOOD BUCKETS • ZIMBABWE – MARIA HUMBANE

Morristown District • Goal 300
Cleveland District • Goal 300

- | | | |
|--|--|---------------------------------|
| 1 - 5 lb. bag of corn meal | 1 bottle of cooking oil (48 oz. or less) | 1 - 2 lb. of dried beans |
| 1 box of tea bags 24 count (take out of box) | 1 - 5 lb. bag of sugar | 1 - 2 lb or 2 -1 lb. canned ham |
| 1 - 2 lb. bag of rice | 1 - 5 lb. bag of self-rising flour | 1 small box of Splenda |
| 1 box of powdered milk (9 oz. or less) | | |

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SEWING KITS • ZIMBABWE – MARIA HUMBANE

Tazewell District • Goal 200

1½ yards of solid-color fabric suitable for uniforms
(khaki, forest green, blue or burgundy)

1 baby blanket

Used Clothing – sized for children grades 1-10

(Pants, shorts, skirts, shirts, blouses, dresses or sweaters
– *only* one or two of these items)

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or secure plastic bag.

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(*example:* 10 kits X \$5.00 = \$50.00)

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